

You Bet (ITV, UK), "Tossing the Caber Challenge"

Introduction

Does your country have a national sport?

What country do you think this sport is taking place in?



What do you think happens in the sport?

Does your country have any traditions that could be considered strange by other cultures?

The **caber toss** is a traditional Scottish athletic event in which men throw a large stick called a "caber". The straightest end-over-end toss scores highest.

The Video

You Bet! is a British game show in which celebrities bet on the ability of members of the public to win challenges, which they usually plan and rehearse many times, within a limited amount of time. The studio audience also places a bet on the outcomes.

Read the following statements. Watch the video (00:00 - 04:30), and decide if they are true or false.

If a caber falls in the red baskets, the men will fail the challenge.	
If the men don't get a caber in each white basket, they will fail.	
If the men take less than three minutes, they will win the challenge.	
If you run slowly, you can toss the caber further.	
If the men haven't had their porridge this morning, they won't pass the challenge.	
If the first celebrity says votes "no", the men will beat him up.	
If the men fail the challenge, the final celebrity will give them £5 each.	
If the celebrities guess correctly, they will win money for the two challengers.	

Bonus Questions

- 1) How many world titles does Alistair hold?
- 2) Where did caber tossing begin?
- 3) How old are the Highland Games?

First Conditionals

Look at the formation of the first conditional:

If + present tense,	future form.
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If I pass my exams, I will go to university.

If I get a raise, I'm going to buy a car.

If I don't have anything to do this weekend, I might go to the beach.

- You change the order of the two clauses: *I'll go to university, if I pass my exams.*
- You can add an adverb to sound more advanced: *I'll probably, I'll definitely, I probably won't*
- This grammar is used to predict **real, non-hypothetical** events in the **future**.

Second Watch

Use the first conditional with the verbs below to make five predictions about what is going to happen during the challenge. You do not have to use all of the verbs and you can use your own ideas if you want. Then, watch the video (04:30 - 07:33) to see if your predictions are true.

to get tired	to be disappointed	to go too slow	to cry	to do it in time
to give it your all	to get nervous	to clap	to fall over	to laugh
to cheer someone on	to pull a muscle	to take a long time	to mess something up	to manage to do it

After Watching

- 1) If you went on this show, what challenge would you do? Do you have any special abilities?
- 2) Look at some of the other challenges that have been completed on *You Bet!*. Choose one of the challenges for another group in the class.



Balancing plastic crates on your head.



Trampoline challenge



Memorising the London Underground map



Darts challenge



David Bowie songs challenge

When you have received your challenge from another group you need to formulate your strategy for winning the challenge. Use the first conditional to express your ideas.

e.g. "If we go to Scotland, we will be able to speak to an expert in caber tossing."

Bonus Idea: Get your teacher to set you an English language challenge for the next class!